

SYLLABUS

CERTIFICATE COURSE

SYCC 01: CLINICAL PSYCHOLOGY AND MENTAL HEALTH

Nature of the programme: Certificate Course

Implementing Institution: Carmel College Mala

Objective of the Programme: To aware psychological disorders

: To equip mentally healthy individual

Duration :30 Hrs

Participants/PG Students

MODULE1: ABNORMALITY AND MENTAL DISORDERS

Abnormal Psychology and Clinical Psychology, Indicators of Abnormality

Causal Factors for Abnormal Behaviour- Biological, Psychological and Sociocultural factors.

Thaniavarthanam,, Ulladakam, Kumbalangi Nights, Yaskhi, Thalavattam

MODULE 2: ORGANIC MENTAL DISORDERS AND SUBSTANCE USE DISORDERS

Thanmatra (2005), *Sapthamasree Thaskara* (2012), *Innale* (1989)

Spirit (2011), *Nee-Na* (2015)

MODUE 3: PSYCHOTIC DISORDERS

Njangalude Veettile Athithikal (2014), *Sadgamaya* (2010), *Elippathayam* (1989), *Veruthe Oru Bharya* (2008) , *Arikil Oral* (2013) and *Vadakkunokkiyanthram*(1989).

MODUE 4: DISSOCIATIVE IDENTITY DISORDERS AND MENTAL HEALTH

Manichithra thazhu, *Alice: A True Story* (2014), and *Flash* (2007)

Ente Suryaputhrikku (1991), *Sargam* (1992), *Mukundetta*, *Sumitra Vilikkunu* (1988), *The Artist* (2013), *Mili* (2015) *How old Are You, chuvadu*.

Methodology:Class Room Session ,Assignment,visit

Evaluation: Grades will be awarded to the participants based on the evaluation of assignments ,and examinations

Attendance:Participants having 80 percent attendance in the courses will be evaluated and graded

Certificate :Certificates will be awarded to every successful candidates .